

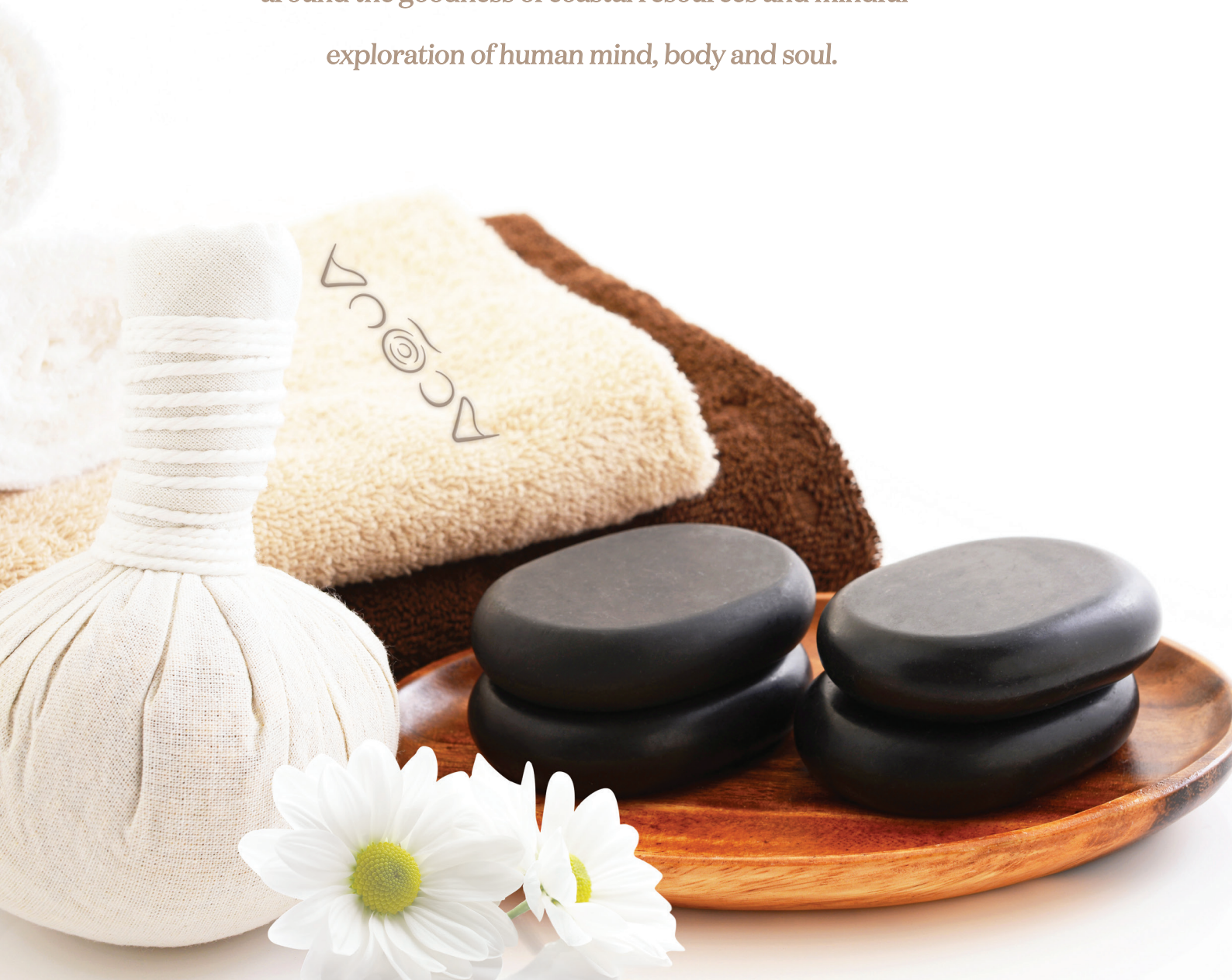


## SPA MENU



## FOOT THERAPY

Essential to the balance of well-beings and beauty,  
our spa concept brings the ultimate relaxation and  
therapeutic experience. Inspired by the richness of local  
wisdom and natural heritage, our treatments revolve  
around the goodness of coastal resources and mindful  
exploration of human mind, body and soul.



# FOOT THERAPY

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## Reflexyology

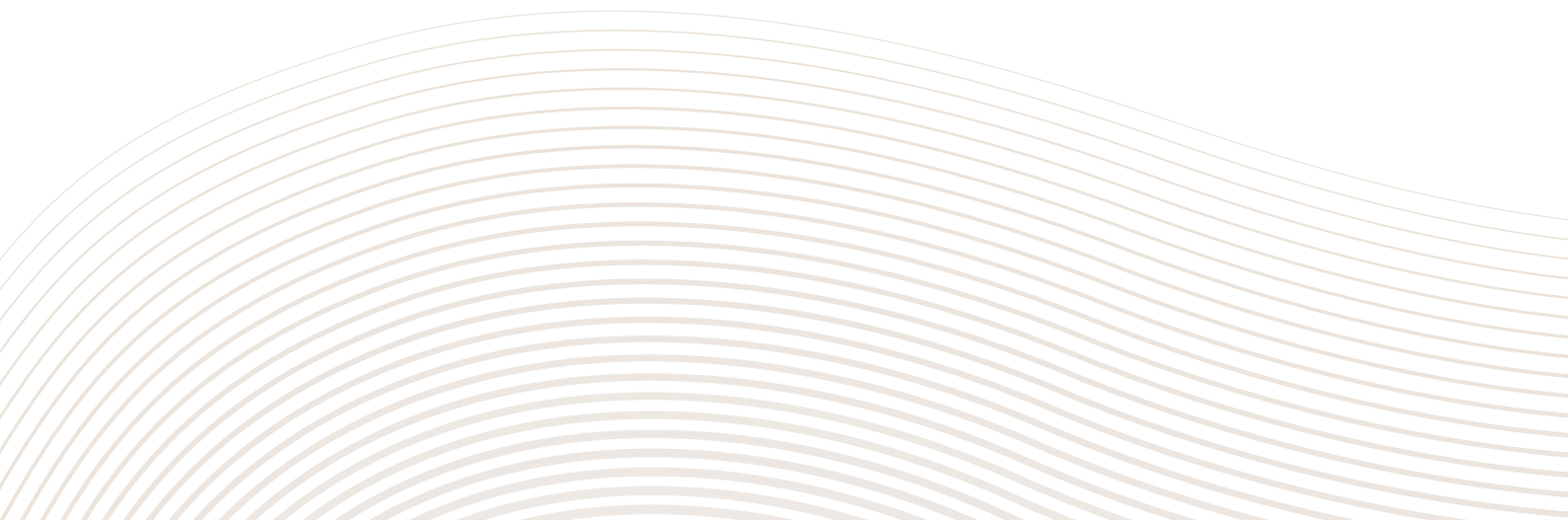
Power up your treatment with this foot fix, using ingham method of reflexology focusing on the zones and lines of the feet and works on the autonomic system enhancing overall health and wellbeing. Stimulates and improves blood circulation, lymphatic drainage, relieves stress and tension, helping to control pain.

## Feet Retreat

A warming foot & leg therapy, that starts with a foot soak and wash for weary feet, reflexology, and a warmed oil, leg massage. Good for muscular aches and pains in the lower leg.

## Chill Ax

A refreshing and invigorating light leg therapy that starts with a minty-citrus iced foot bath, draining massage and a refreshing misting. Good for swollen feet & ankles with fluid retention and a heaty disposition.



ACQUA