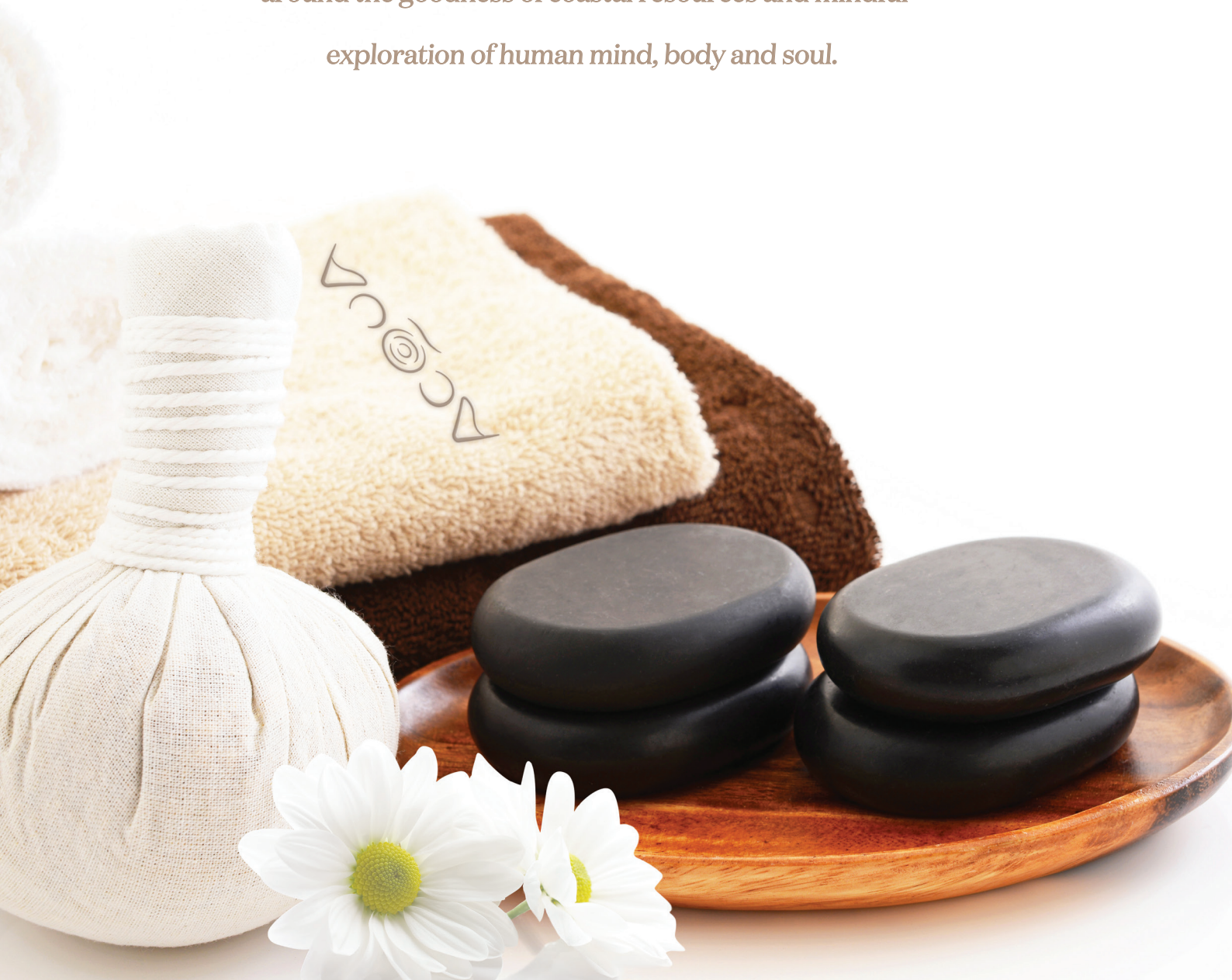




SPA MENU

ACQUA

Essential to the balance of well-beings and beauty,  
our spa concept brings the ultimate relaxation and  
therapeutic experience. Inspired by the richness of local  
wisdom and natural heritage, our treatments revolve  
around the goodness of coastal resources and mindful  
exploration of human mind, body and soul.



# FULL BODY MASSAGE

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## **Bamboo Breeze Signature**

Enjoy a taste of Banten using signature oil with tomato leaf, island spices and a hint of bergamot. This is a refreshing and balancing choice with combined techniques of rolling, stretching and toning massage using warm bamboo to restore the body's equilibrium and encourage flow of "Qi". Bamboo represent strength and longevity, the treatment increasing blood circulation and relaxing tired and strained muscles.

## **In Deep - Deep Tissue Massage**

This is a very strong energizing massage treatment that combines the old world of Javanese and Balinese massage with the knowledge and science of the West. Minty Citrus Infusion oil its great for tired muscles, assists in brain health, is cooling and relieves headaches.

## **Slumberland Massage**

A very gentle and deeply relaxing massage with Balinese technique, slow movements and long firm cares. This massage is great for jet-lag, insomnia, and encouraging a good nights sleep. Surrender to the ebb and flow of nature, exhale and release all tension.

## **Cradle & Expand**

A dry massage treatment that loosens the joints with a mobilization technique, works on muscular tension with deep acupressure, and provides stretching to the body with breathwork.



# FOOT THERAPY

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## Reflexyology

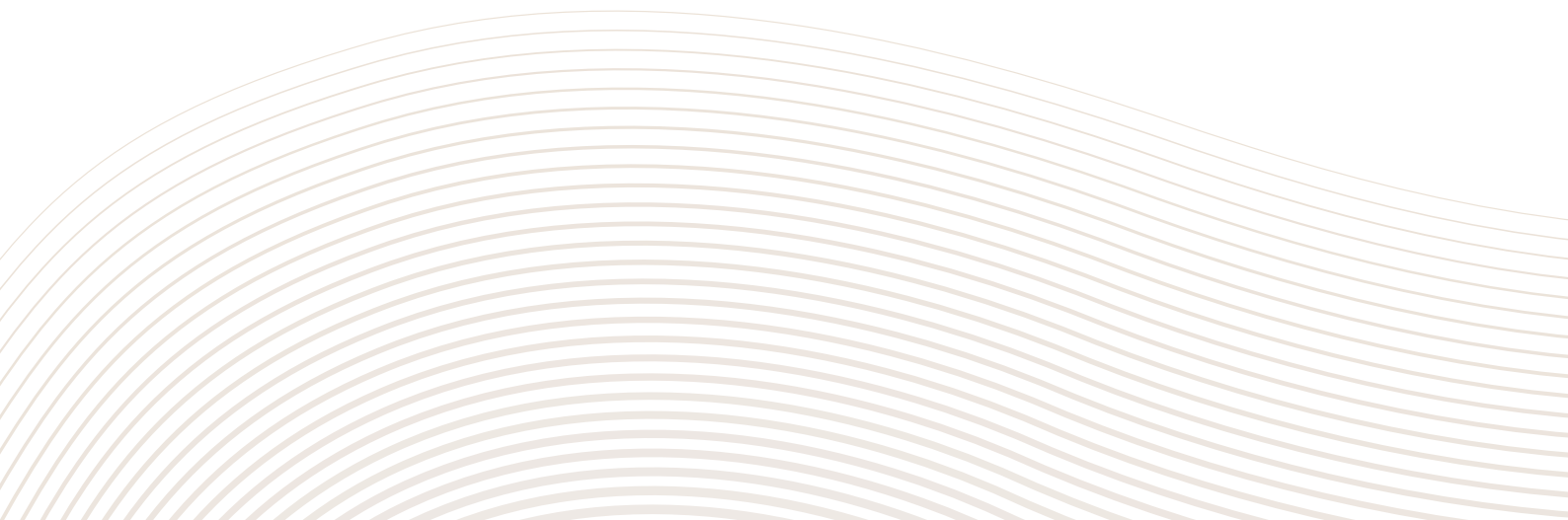
Power up your treatment with this foot fix, using ingham method of reflexology focusing on the zones and lines of the feet and works on the autonomic system enhancing overall health and wellbeing. Stimulates and improves blood circulation, lymphatic drainage, relieves stress and tension, helping to control pain.

## Feet Retreat

A warming foot & leg therapy, that starts with a foot soak and wash for weary feet, reflexology, and a warmed oil, leg massage. Good for muscular aches and pains in the lower leg.

## Chill Ax

A refreshing and invigorating light leg therapy that starts with a minty-citrus iced foot bath, draining massage and a refreshing misting. Good for swollen feet & ankles with fluid retention and a heaty disposition.



# FULL BODY SCRUB

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## **Toraja Coffee Scrub**

Increase your ability to focus and uplift your spirit. Caffeine stimulates the nervous system and directly affects skin circulation. Blending extra virgin coconut oil and coffee toraja you will feel refreshed and your skin hydrated.

## **Rose Petal Scrub**

This luxurious exfoliation blends essential rose oil, rose petals, sugar, honey and oil. With an antioxidant affect, this treatment removes dead skin cells, deeply hydrates, and improves skin elasticity, smoothing, tightening and brightening.

## **Bamboo Breeze Salt Scrub**

With the aroma of bamboo, island spices and a hint of bergamot, this exfoliation is a deep cleanser. The salt removing excess oil, dead skin cells and assisting in detoxification.

## **Exotic Island Scrub**

Surrender to the ebb and flow of nature as gentle caresses lull you into deep sleep. This is a deeply relaxing Balinese massage that is great for jetlag, insomnia or any general difficulty sleeping.



# FULL BODY WRAP

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## **Kelapa Hydrator**

This unctious envelopment blends extra virgin coconut oil and coconut milk. Very good for dry, dehydrated skin and replacing lost nutrients.

## **Aloe Sun Soother**

A healing concoction of fresh aloe vera and cucumber to quell heat from too much sun; suburnt and dry skin.

## **Energizing Algae Wrap**

A great slimming wrap which revitalises and helps to lose excess weight and softens hard cellulite. Great for those with fluid retention and a sluggish system.


## **RESPIRATORY SUPPORT**

### **Pre-Salt Therapy**

An upper body therapy focused on the chest, abdomen and upper back. Using drainage massage techniques and percussion to the chest and back this is a great treatment to accompany your salt room/halotherapy treatment. Very good for sinusitis, bronchitis, colds, flu, chest congestion, sore throats and the effects of pollution.

### **Halotherapy / Salt Room**

The Salt Room is available for single or double use. Perfectly safe for any age from infants to adults, Acqua Spa is able to make an exception to Acquaree kids who may need treatment for bronchitis or breathing issues when accompanied by a parent. Seated within you receive a salt vapor infusion. Relax, read, meditate, sleep. Speak to a receptionist or consultant if you would like to book a package.



## ADD ONS

### Bright Eyes

This special treatment exclusively for the eyes with Pure Collagen & Hyaluronic eye patch masks, fills fine lines and wrinkles. Rejuvenates and contours the eye area, reduces dark cricles and puffiness. Can be used as an add-on with facial treatments for extra benefit.

### Head Shot

A power combo with immediate relief from tension in the neck, shoulders and scalp with slow, deep pressure movements to flush toxins. Lymphatic drainage to the face with acupressure and scalp conditioning with extra virgin coconut oil provides instant recovery.

### Express Shoulder & Back Massage

A deeply relieving express recovery oil massage to the shoulders and back. For time-poor urbanites and travellers seeking a quick solution to tired muscles and back tension.

### Executive Stress

A massage for constant keyboard & mouse use or from playing racket sports. Firm hand and arm massage.



# HEART OF THE OCEAN FACIAL

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## Beauty Revealing Ritual

A comprehensive treatment that restores optimum hydration of the skin from within. First session, the replenished skin is plumped from within, regaining suppleness and softness...your complexion will be deeply hydrated, radiant and bright.

## Marine Softness Ritual

Effectively soothe and soften their sensitif skin, relieves irritated skins. Heat sensation, stinging and tightness make way for gentle sensation of freshness and well-being. Skin is oxygenated, refreshed and brightened.

## Pure Freshness Ritual

A comprehensive treatment that suits oily to combination skin. As a treatment course, this salon facial regulates seborrhoea and benefits skin issues such as comedones, blemishes and any redness. The skin is rebalanced, blemishes fade and become less visible. In no time at all the skin becomes healthy again.

## Skin Solution

A veritable “Thalassotherapy facial “ to energize the skin and rebalance its vital functions. Treatment optimises the skin’s receptivity to specific anti-ageing delivery and deep hydrating techniques.

## A Hyaluronic Filler

A high-end anti-aging facial treatment. Deep expression lines and pronounced wrinkles are addressed in this aesthetic therapy. Your skin will present younger-looking, smoother, less wrinkled and the deepest wrinkles, (frown lines, nasolabial furrows), are less pronounced.

## Energize Men

With the application of the Thalgo men’s vital blue algae serum, the skin presents brighter, improves cells by combatting cellular stress, then the moisturizer intensive hydrating cream improves the hydro-lipid film, and improves epidermal cell density.

## EXPRESS FACIAL

### Illuminating Radiance

An energizing digito-pressure massage, helps the smoothing and radiance boosting active ingredients absorb into the skin. Application of absolute radiance concentrate to the face and neck awakens the skin and the treatment is finished with a skin-type appropriate cream, leaving the complexion fresh and glowing with radiance.



# VIP SUITE BATH

Available for in room treatment and add on

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## Rose Relax

Recline and luxuriate in this indulgent infusion of essential rose oil and rose petals. Deeply relaxing and moisturizing for the skin.

## Cappucino Bath

The treatment for all chococino lovers. Savour the blissful aroma of rich chocolate while experiencing the treatment and enjoying its antioxidant benefits.

## Citrus Infision

An awakening and uplifting aroma of rosemary, peppermint, spearmint, neroli and pink grapefruit. Great for jetlag, hypertension, skin toning and mental stimulation.

## Muscle Relief


A restoring ritual using herbal oil infused salt bath perfect for muscular aches and pains. This massage is coupled with a complimentary serving of soothing herbal tea and nutritional nuts and seeds to fight inflammation.

## Bamboo Breeze Bath

Relax in our signature scented bath of Bamboo & Teak while you enjoy a local side beverage of Bir Pletok and rice snacks. This treatment nourishes and hydrates your skin with a rich mixture of tantalizing scents of sea salt and bamboo oil.

## Slumber Time

Kick back, relax, and rest assured that you will get a great night's sleep in this treatment that is accompanied with organic chamomile tea and nutritious cacao nibbles. Whether it's jetlag or simple day-to-day stress, this massage will soothe you to the bone.



# ACQUA SPA PACKAGE

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## Acqua Respiratory Treatment

Stimulate your “Qi” circulation using various techniques with the use of warm bamboo. This Banten signature massage uses traditional oils and herbs native to the province such as bergamot and tomato leaf.

## Glowing Beauty Single

This treatment was created with natural Toraja pure coffee grounds and and extra virgin coconut oil removing the dead skin cells, smoothing, and rejuvenating your skin. Moisturise with a kelapa coconut milk body wrap. Depart relaxed with fresh, glowing radiant skin.

## Glowing Beauty Couple

This treatment was created with natural Toraja pure coffee grounds and and extra virgin coconut oil removing the dead skin cells, smoothing, and rejuvenating your skin. Moisturise with a kelapa coconut milk body wrap. Depart relaxed with fresh, glowing radiant skin.

## Bamboo Breeze Signature Package Single


Deeply nourish and hydrate tired skin with a refreshing bamboo salt full body scrub. Exfoliating, detoxifying, and re-mineralizing. Continue with a bamboo breeze signature massage with warm bamboo rollers and aromatic bamboo & teak oil. Assisting in blood circulation, great for tired muscles, rebalancing, revitalising and rehydrated the skin.

## Bamboo Breeze Signature Package Couple

Deeply nourish and hydrate tired skin with a refreshing bamboo salt full body scrub. Exfoliating, detoxifying, and re-mineralizing. Continue with a bamboo breeze signature massage with warm bamboo rollers and aromatic bamboo & teak oil. Assisting in blood circulation, great for tired muscles, rebalancing, revitalising and rehydrated the skin.

## 3 Algae Marine Acqua

This treatments helps lose excess kilos and reduce stubborn cellulite by rebalancing the body. Perfect for new moms looking for a boost in getting back in shape.



# ACQUA SPA RITUALS

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## **Polynesia Therapy Ritual**

Stimulate your “Qi” circulation using various techniques with the use of warm bamboo. This Banten signature massage uses traditional oils and herbs native to the province such as bergamot and tomato leaf.

## **Luxury Escape Single**

An energizing treatment that fuses the old world of Javanese and Balinese massage with scientific knowledge of the West. The Minty Citrus Infusion oil used is especially great for tired muscles, improving brain health, and providing relief to headaches.

## **Luxury Escape Couple**

Surrender to the ebb and flow of nature as gentle caresses lull you into deep sleep. This is a deeply relaxing Balinese massage that is great for jetlag, insomnia or any general difficulty sleeping.



# ACQUA SPA KIDS

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## **Tutti Frutti Body Scrub**

A yummy fruity blend to soften and smoothen the skin.

## **Bubble & Babes**

Kids and adults love this yummy blend of double chocolate, milk, vanilla.

## **Kids Massage**

A gentle and relaxing massage with a yummy massage oil blend of either Double Chocolate Vanilla or Tutti Frutti.

*\* Children under the age of 16yrs may have a spa treatment accompanied by the parent or guardian, enjoyed in a couples suite...*

